Hermitage Bay

ANTIGUA

THE SPA



MENU

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THE SPA AT HERMITAGE BAY



Tucked into a secluded bay on Antigua's west coast, Hermitage Bay is a place of understated luxury, where lush tropical gardens give way to white sand and the gentle rhythm of the Caribbean Sea.

The spa is shaped by this setting. In partnership with ESPA, globally renowned for natural skincare and holistic therapies, every treatment is thoughtfully designed to nurture the body, calm the mind, and restore innerbalance.

Each experience begins with a conversation. Our skilled therapists personalize every treatment to your needs, so you leave feeling renewed, radiant, and completely at ease.

SIGNATURE RITUAL



BACK, FACE & SCALP TREATMENT **$285**

90 minutes

Our most renowned experience. Four elements come together in one unhurried ritual, restoring radiance to the skin and drawing the whole body into deep relaxation.

Includes back exfoliation, therapeutic massage, personalized facial, and scalp massage.

MASSAGES

Full body treatments, from deeply soothing to firmly restorative.



INNER CALM MASSAGE — $190 / $230

60/90 minutes

A deeply soothing, holistic massage tailored to how you feel in body and mind. Aromatherapy blends and therapeutic techniques work together to release tension, quiet the mind, and restore inner balance.

DEEP TISSUE MASSAGE — $225 / $260

60/90 minutes

An intensive massage that works into long held tension and muscular discomfort. Advanced techniques and stretching help restore ease of movement, leaving you feeling stronger and revitalized.

HOT STONE MASSAGE — $270

90 minutes

A luxurious full body massage with warm volcanic stones. Their steady heat melts away tension, encourages circulation, and draws body and mind into deep relaxation.

Focused treatments for the back, neck, shoulders, face, scalp, and feet.

FOOT REFLEX ZONE MASSAGE — $190

60 minutes

A deeply relaxing treatment based on reflexology principles. Gentle pressure on points across the feet helps bring the body back into balance and supports a lasting sense of wellbeing.

MUSCLE REVIVER — $150

45 minutes

A focused treatment for the back, face, and scalp that relieves stress and tension while restoring energy and clarity.

BACK, NECK & SHOULDER MASSAGE — $110

25 minutes

A short, targeted massage that eases tension where it gathers most, leaving you refreshed and relaxed.

INVIGORATING FOOT TREATMENT — $130

25 minutes

Exfoliation and therapeutic massage revive tired feet and heavy legs, restoring comfort and vitality.

BODY TREATMENTS



PRE-NATAL RELAX & RESTORE

$190 / $230

60/90 minutes

A nurturing treatment tailored for expectant mothers. It eases tension and fatigue, bringing comfort and wellbeing throughout pregnancy.

BODY WRAP

$225

60 minutes

A personalized purifying or nourishing wrap using marine or algae formulas that refine the skin and restore hydration.

SALT & OIL SCRUB

$100

25 minutes

An invigorating full body exfoliation that smooths and softens, leaving skin glowing and beautifully nourished.

Designed to rejuvenate, nourish, and illuminate the skin.

INSTANT RADIANCE FACIAL — $295

90 minutes

An intensive facial that brightens, tones, and revitalizes tired skin, restoring a luminous, youthful glow.

INNER BEAUTY FACIAL — $220

60 minutes

A personalized facial that cleanses, hydrates, and restores balance, leaving your complexion radiant and naturally beautiful.

EXPRESS FACIAL — $135

25 minutes

A refreshing facial for when time is short, bringing instant hydration and a healthy glow.

EYE LIFT TREATMENT — $95

25 minutes

A targeted treatment that smooths, firms, and brightens the delicate eye area, softening the appearance of puffiness and fine lines.

MEN'S COLLECTION

Deep cleansing for the skin. Deep work for the muscles.



DEEP CLEANSING FACIAL — $220

60 minutes

A facial designed specifically for men's skin that deeply cleanses, hydrates, and energizes.

DEEP MUSCLE MASSAGE — $225 / $260

60/90 minutes

A powerful massage that works through deep muscle layers to release tension, improve flexibility, and restore vitality.

MUSCLE REVIVER — $150

45 minutes

Focused work on the back, face, and scalp that releases tension and restores energy and mental clarity.

Spa rituals for two, in the intimacy of your private villa.

ART OF LOVE — $700 PER COUPLE

120 minutes

Celebrate the art of love with someone special in this ritual for two, designed to renew, restore, and nourish. Your journey begins with a cleansing foot ritual over herbal tea, before a full body skin brush polishes away dullness. A personalized aromatherapy massage releases tension and quiets the mind, and skin is left nourished with a rich hydrating moisturizer. The experience ends with a sea salt and essential oil bath and a glass of chilled champagne.

SWEET SURRENDER — $520 PER COUPLE

90 minutes

Relax, breathe, and unwind together without leaving your suite. A natural blend of sea salt and pure oils polishes away dull, dry skin, leaving it smooth and supple. A personalized aromatherapy massage follows, with long, enveloping strokes that melt away tension and restore inner calm. Finish with a bath for two and a drink of your choice.

YOUR VISIT



APPOINTMENTS

Reservations can be made by telephone or email, andguests without a booking are welcome whenever availability allows. Please arrive atleast 15 minutes before your treatment to settle in and enjoy a complimentary refreshment. You will then be welcomed from the relaxation lounge to your private treatment room for a brief consultation.

CANCELLATIONS

We kindly ask for 24 hours' notice to cancel an appointment. Cancellations made within 12 hours are charged at 50% to your credit card or resort room. Missed appointments are charged in full.

PAYMENTS & SERVICE CHARGE

We accept Visa, Mastercard, Discover, and American Express. A 10% service charge and 17% government tax are added automatically to all services. Prices are subject to change without notice.

AGE GUIDELINES

For guests under 18, please contact the spa manager before booking.



Hermitage Bay

ANTIGUA

HOURS

Open daily from 10 am to 7 pm
Seasonal variations may apply

RESERVATIONS

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